

Alice Peck Day Memorial Hospital



DONOR IMPACT REPORT Fiscal Year 2024





From Sue Mooney

Dear friends,

I often have the privilege of talking to APD staff about why they do the work they do. I hear over and over that our people are in medicine because they want to serve, to relieve suffering, to heal, and to extend kindness.

It shows in the work we do. One patient recently told us: "An APD nurse has shown this 71-year-old man that she is very concerned about my condition. She has gone above and beyond any expectations of a nurse's duties. ... I could tell she loved her job and was there for her patients."

Donors like you share the same motivations as our extraordinary staff. You see the needs in our community, and your contributions help us meet those needs. Many of you, like the patients in our stories, are grateful for the compassionate care you've received at APD. Others are grateful to know that this wonderful hospital continues to serve our community every day.

Through your generous gifts, you become a part of APD's culture of kindness, and you help us extend that kindness further than we could without you. Your financial support helps us attract the most talented and caring staff. It helps us treat more patients – your own neighbors, friends, and loved ones. Because of you, we have the tools to treat the whole patient, even as needs grow more complex.



In the pages of this Report on Philanthropy, you'll read about the ways in which your support has helped us to close the gap on needs: for capital improvements and equipment to help us deliver care at the highest level possible; for educational and professional development initiatives to help our staff grow and learn; for community programs to extend our care further afield; and of course, for patient healthcare.

You'll also read about our transformative \$4 million strategic investment from the Jack and Dorothy Byrne Foundation, which will fund the integration of medical, social, and behavioral health services for patients with complex needs. This gift, the largest in APD's history, will allow our providers to do what they do best - care for the whole patient - in perpetuity.

This gift is due in no small part to support from donors like you who have helped us grow throughout the years. Thank you for all you do to make APD the special place that it is.

With gratitude,

See Mooney

Sue Mooney, MD, MS, FACOG President and Chief Executive Officer

Looking back on 2023

2023 Press Ganey Guardian of Excellence Award for Patient Experience in the Emergency Department

2023 Healthgrades Outstanding Patient Experience Award

#3 on Newsweek's 2023 List of America's Best-In-State Hospitals for New Hampshire

Emergency Department recognized by the Always Ready for Children program offered by New Hampshire EMS for Children

Top hospital for nurse and physician communication according to Becker's Hospital Review

APD surgeon becomes the first in New England to offer new minimally-invasive procedure for carpal tunnel release "I have always been treated, not only respectfully but greeted with a smile. I often get the same nurse, and she remembers details from my prior visits. It's especially worth noting that they are all extremely respectful and have a dynamic interest in the older patient. Ageism is quite a problem, but I've never experienced that at Alice Peck Day."

—Alice Peck Day patient

Highlights from a Year of Service, Delivered with Pride in Care and Kindness

"I was very anxious going into my surgery. Every person I interacted with helped me to stay calm and get through it. Everything went more smoothly than I could have ever hoped for. It was quick and easy, and I felt very cared for the whole time."

—Alice Peck Day patient



2,245 INPATIENTS DISCHARGED

2,412

INPATIENT AND OUTPATIENT SURGERIES

11,396

EMERGENCY ROOM

VISITS

64,583 PATIENT VISITS

4,5

RAISED THROUGH

COMMUNITY PHILANTHROPY

1,738 PROCEDURES

8188



Thank You for Helping Alice Peck Day Memorial Hospital to Shine

Friends and neighbors like you make an immediate and lasting difference. Whichever area you support, please know that it means a lot.

The Capital Fund

Thanks to generous donors, our patients at Alice Peck Day now have new and improved equipment and a more comfortable campus. Last year, donations allowed us to add two new beds to the medical surgical unit. If patients need to stay longer in the Emergency Department, we can now transfer them from stretchers to safer, cozier beds. This is especially important for our elderly patients. We also bought a new bladder scanner to prevent injuries in surgery patients undergoing spinal blocks for pain relief. In rehabilitation services, we now have ultrasound equipment that helps patients recover more effectively. Additionally, the Capital Fund helped us upgrade the alarm system to a new, faster system that alerts security when there is an emergency. This system ensures quick help for patients and staff in case of any urgent situation.



Workforce Education

Donations to workforce education bring positive change to Alice Peck Day and our community. For instance, full and part-time employees can get \$3,000 for tuition after completing programs that benefit our patients. Last year, 42 staff members took part, with 13 receiving support through donations. Nursing degrees are a popular choice, and others have earned credentials like master's in social work, bachelor's or master's in healthcare management, bachelor's in physical therapy, and certifications in diabetes and corrective exercise for athletic training. These achievements have a positive impact. More patients receive care from skilled staff members, leading to higher levels of care and knowledge. Alice Peck Day nurtures future leaders, and our employees gain opportunities that benefit their families and our whole community. 66

I want high school students to know there are ways to continue your education. Not everyone has the means to go to college, and Dartmouth Health and Alice Peck Day have amazing opportunities. But if you don't know those opportunities exist, like the surgical tech program, our new perioperative assistant position, or sterile processing technician (another great career), you may not find your way into the operating room. I'm forever grateful for these opportunities."

-Tarrah Sweatt

Surgical technician, whose education was supported by APD's tuition reimbursement program

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Without going into specifics as to why I saw Susan, the mental health clinician. I would like to share that it was an incredibly positive experience. I was honestly close to leaving my job at APD due to the nature of my trauma and what my job here involves. Three sessions with Susan, and I can't even begin to describe how different I feel now. I feel like I am "cured." I wish I had known about this sooner, so that I wasn't suffering in silence for so long. I am so grateful to APD for offering and covering this service for me because it was so beneficial.

I think that anyone open to working with Susan will quickly see the value of this therapy. After each visit with Susan, I felt like I was making improvements. It was as simple as I went in with a problem, and it was "fixed." Now I don't feel like I am just surviving. It was certainly something that I needed, and I will always be grateful for it."

-Alice Peck Day Memorial Hospital Employee

Community and Patient Health

Social and environmental factors can significantly impact a person's well-being. This is true everywhere, but particularly in rural areas such as the Upper Valley. Many individuals in our community experience isolation, financial challenges, food and housing insecurity, limited access to transportation, and unsafe living conditions.

Donors who support community and patient health play a crucial role in addressing these issues. Thanks to their generosity, Alice Peck Day is better equipped to tackle these challenges and make a meaningful difference when it matters most.

All adult primary care patients undergo a screening for social and environmental factors at least once a year. In the past two years, referrals resulting from these screenings have doubled. Through philanthropic support, we can meet the increasing needs of our community. For instance, patients in need receive food assistance after visiting primary care, undergoing medical procedures, visiting the Emergency Department, or Women's Health services.

President's Fund

Taking care of Alice Peck Day's employees, our "First Community," is crucial to our mission. That's why this year, we utilized the President's Fund to prioritize their needs.

A three-month trial brought a mental health specialist to the hospital to assist employees navigating stressful or traumatic situations. In collaboration with Lebanon's Trivium Integrative Mental Health, the program provided group sessions and individual therapies that have been shown to help process difficult thoughts and emotions. The initiative aimed to reduce the stigma surrounding mental health care and offer employees access to long-term support.

Participants shared that the program lessened their distress, with some mentioning it helped them remain in their jobs. Due to the positive outcomes of the trial, Alice Peck Day is exploring ways to sustain this important initiative.



Landmark Gift Helps Patients Get Holistic Care

For decades, Dorothy Byrne and her late husband Jack have provided steadfast, generous support to Alice Peck Day Memorial Hospital. The impact of their consistent, unrestricted giving is felt in countless ways, big and small. It matters deeply to the people who rely on this hospital, as well as those who work here.

Now, the Jack and Dorothy Byrne Foundation has made a transformative \$4 million investment in an endowed fund that will strengthen critical patient care initiatives and support healthcare providers in their ongoing delivery of compassionate care.

The gift will fund the integration of medical, social, and behavioral health services for patients with complex needs. By embedding social workers, recovery specialists, geriatricians, and behavioral health providers alongside primary care physicians, Alice Peck Day can deliver more holistic care that addresses patients' full medical, social, and psychological needs.

Primary care serves as a linchpin for community health. Rural, underserved populations face unique challenges. In recent years, our clinicians have noticed a rising number of patients grappling with mental and behavioral health challenges that require a significantly higher level of care.

The foundation's strategic investment strengthens Alice Peck Day's primary care services by supporting the hospital's integrated care model and acknowledging the amount of attention, training, and expertise that clinicians need to address those challenges. Such an approach aims to provide Alice Peck Day's primary care patients with more comprehensive and coordinated healthcare—and to do so in perpetuity.

The impact of this philanthropy extends beyond patient care, helping to ease stress and burnout for primary care providers within the Alice Peck Day community. These providers frequently work beyond the scope of medicine to ensure their patients, regardless of circumstance, can lead as healthy lives as possible.

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This generous gift is critically important to our patients and to the health of our community. It will allow us to provide comprehensive, compassionate care to some of our most vulnerable patients,"

–Sue E. Mooney, MD, MS, FACOG

President and CEO



In recent years, our hospital has identified the need for an integrated team trained in social work and behavioral health to address the challenges patients face and administer critical support to overextended primary care providers. This endowment ensures the long-term sustainability of this vital program, which existed previously but lacked the resources for longevity.

"Working with someone who requires a higher level of care and diagnosis, primary care providers can bring in a behavioral health clinician and focus on the things we're trained to do," said Annika M. Brown, MD, medical director of Alice Peck Day. "We can leave interactions feeling more satisfied and hand off to really competent colleagues."

We are all deeply grateful to The Jack and Dorothy Byrne Foundation for being a champion of patients and providers in our region, and for their resolute commitment to enhancing our community's access to comprehensive, integrated, and personalized patient care. 66

The support of behavioral health clinicians has been incredible for our doctors. They're trained experts and specialists in their field, and primary care providers know medicine. So, we can all do what we do best, which helps us serve the patient's medical needs by also meeting their social and psychological needs—in real-time. We benefit and patients benefit. It's pure magic."

–Annika M. Brown, MD

Medical Director Alice Peck Day



Thank you

The basic understanding of the value of helping someone else is the truest essence of philanthropy.

Philanthropy can come in many forms – from being a committed monetary donor to volunteering in your spare time to engaging in projects that align with your passions.

It is something built in each one of us.

Philanthropy is vital to helping APD continue our mission of building a healthier community, one connection at a time. Your support means that APD will be accessible to all, proactive to prevent illnesses and injury, and able to provide excellent, personalized medical care in a cost-effective setting. APD is where neighbors take care of neighbors.

We believe in being a community hospital and, to put it quite simply, we couldn't do it without you—our philanthropists.

Anonymous (8) Individuals

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